Dear Parents and Guardians,

You may not be aware that in Australia the number of drowning deaths are the highest they’ve been at any time in the last 7 years, with 314 drowning deaths between July 1st 2009 and June 30th 2010.

To help prevent tragedies of this nature, the PDHPE faculty at Newtown High School of the Performing Arts provide a Swim and Survive program for all year 7 students as part of the Stage 4 Aquatics and First Aid program.

The Swim and Survive program was designed by the Royal Surf Lifesaving Association to educate young Australians about water safety. Through the program students learn water rescue techniques, stroke correction and survival swimming, basic first aid and resuscitation.

Swim School is compulsory for all students as it is a part of the Stage 4 PDHPE program. There will be no Year 7 classes running during the 3 days.

DATE: Mon 13th, Tues 14th and Wed 15th December 2010
TIME: Normal school time 8.45am to 3.10pm
VENUE: Annette Kellerman Aquatic Centre, Enmore
TRANSPORT: Students will walk to and from the venue with supervising teachers.
COST: $40 (included in school contributions)
FOOD: Students are required to bring their morning tea and lunch everyday. There are canteen facilities available, however these are limited. Students need to bring water.
CLOTHING: Students are to wear their full school sports uniform to and from the venue.
Students must also bring appropriate swimming attire to change at the pool. (includes swimming costume, towel, goggles)
OTHER: Student must bring sunscreen and hats.
Expensive personal items such as ipods and mobile phones should not be taken to the venue in case of theft and/or damage.

Good behaviour and care is expected from the students at all times. Misconduct of any nature will not be tolerated and will result in the student being removed from the program and further disciplinary action taken by the school.
If you have any further queries please do not hesitate to contact the school.

L Bivona
Swim School Organiser

N. Wilkinson
HT PDHPE

S. Gray
Principal
Permission Note

Please return this permission note to the PDHPE staffroom no later than Friday 3rd December.

I hereby consent to my child/ward………………………………. to participate in the Year 7 Swim School on 13th, 14th and 15th December 2010.

If required, I consent to the supervising teacher seeking any medical aid that he/she feels is necessary.

I understand that this program involves water-based activities including stroke correction, pool entries, safety and rescue activities.

In relation to the proposed water and swimming activities, I advise that my child ……………………………. is a:

___ strong swimmer  ___ average swimmer  ___ poor swimmer

___ non swimmer

NOTE: Health details and signed permission notes will be carried by the teacher in charge and a copy will be provided to the school administration for the duration of the excursion.

Signature of Parent/Caregiver

…………………………………………………………………………………………

Date

…………………………………………………………………………………………

Parent/ Caregiver’s contact number:

………………………………………………(M)………………………………………………(W/H)